

Updated September 21, 2021

2021 COVID-19 GUIDEBOOK



To our summer campers, staff, families, & friends,

This guidebook is intended to help us forge a partnership with our families to ensure we are properly prepared for Summer 2021. It remains a work in progress as we continue to gain more knowledge in our quest to ensure a safe, healthy, and successful summer at Camp Newaygo.

We are thrilled to say that Camp Newaygo had a successful Summer 2020, operating for 7 weeks with zero cases of COVID-19. While protecting our community required some adjustments, we were inspired to see the joy camp provided to campers and counselors this summer. Camp was a much-needed reprieve from being stuck at home without normal activities and social connections. While we navigated 2020 successfully, we continue to look forward with preparations for 2021. The health and well-being of our camp community continues to be our highest priority.

The information provided in our guidebook is based on information from several respected and well researched sources including:

- The Centers for Disease Control and Prevention (CDC)
- The American Camp Association
- The State of Michigan

The policies outlined in this document reflect our optimistic program design dependent on increased national vaccination efforts. We will adhere to all current [MDHHS Epidemic orders](#) and will make adjustments if requirements change prior to the start of each camp session.

Now more than ever, camp is critical for the mental health and positive social development of our children and youth. With that in mind, we are committed to ensuring Camp Newaygo will provide our campers with the best camping experience available. All of us – our campers, our staff, our parents, & families – must work together to ensure a safe, healthy, and successful camp for all of our participants.

Please take the time to thoroughly read through our guidebook. We are always happy to discuss any aspect of this information. Please contact us at any time with your questions or concerns.

Thank you, be well, and stay safe.



Jane Vitek
Executive Director



Jalisa Danhof
Camp Director



Scott Lakin
Operations Director



Caitlin Voyt
Business Director



Table of Contents

Introduction	4
COVID-19 General Knowledge	5
COVID-19 vs. Sars-CoV-2. W?.....	5
How Does the Virus Spread?	5
Prevention - Vaccines, Masks, Sanitization	5
Coronavirus Outdoors.	7
COVID-19 Symptoms.	8
Testing Basics.	9
The Risk of COVID-19 in Children.	10
Girls' Overnight Program	12
Before Camp.	12
Self-Quarantine.	12
Temperature and Symptom Monitoring ..	14
Non-Essential Travel.	14
COVID-19 Tests.	14
Travel to and from Camp.	15
Check-in & Check-out.	16
During Camp.	17
Camper Pods.	17
Health Monitoring.	18
Handwashing.	18
Daily Program, Activities, Meals.	18
Campouts and Trips.	19
Masks & During Camp Testing.	20
Suspected COVID-19 Case.	21
Family Camp/Mom & Me	22
Day Camp	27
Girlfriends Get-a-way	31

Introduction

The information regarding COVID-19 continues to change and evolve. While we have worked diligently to make adaptations to mitigate the risk of COVID-19 exposure in camp, it is important to note that there is no way for us to guarantee that COVID-19 will not be present. By reviewing recommendations from leading sources and agencies, we are creating a COVID-Careful program that includes protocols for addressing COVID-19 exposure.

This guidebook will outline changes to policies and procedures to help Camp Newaygo operate as safe as possible this summer.

We ask that all parents/guardians review this guidebook with their campers.

Guiding Principles

Camp Newaygo has adopted the following guiding principles in our approach to maintaining a safe, healthy, and successful camp community during the COVID-19 pandemic. They include:

- Outdoors Programming
- Vaccination
- Cohorting
("neighborhoods")
- Testing
- Distancing
- Quarantining
- Masking
- Sanitizing
- Rethinking and Empowering
- Communicating

COVID-19 Response Team

If you have any questions regarding anything in this guidebook or COVID-19 at camp, please contact:

- Jalisa Danhof, Camp Director – jalisa@campnewaygo.org
- Scott Lakin, Operations Director – slakin@campnewaygo.org
- Caitlin Voyt, Business Director – cvoyt@campnewaygo.org

A Note To Camp Families & Guests

While we are confident in our ability to operate a safe, healthy, and successful camp during a pandemic, it is being done with many changes to camp protocols and the overall program. Because of those changes, camp may not be appropriate for some individual campers and staff during a pandemic. Each individual and family must decide if camp, modified as detailed in the pages to follow, is the right fit.

COVID-19 General Knowledge

Before we can begin to discuss what changes will occur at camp to ensure the health and safety of our camp community, it is important that the basics of COVID-19 are understood.

It's important to note that even if every precaution is taken and done right, COVID-19 still could come into camp. By all of us working together, we are confident that if COVID-19 were to enter camp, we have the policies in place to stop the spread while also caring for the people who are affected.

COVID-19 vs. Sars-CoV-2. What's the Difference?

SARS-CoV-2 is a type of coronavirus, which is a large family of viruses that are common in people and many different species of animals, including camels, cattle, cats, and bats. COVID-19, short for Coronavirus Disease 2019, is the disease caused by the SARS-CoV-2 virus.

How Does the Virus Spread?

The coronavirus is mainly spread from person to person via droplets or aerosols transmitted by infected persons. When an infected person coughs, sneezes, talks, or exhales, microscopic droplets contaminated with SARS-CoV-2 are expelled from that person's mouth and nose. These droplets are often too heavy and fall down to the floor or surface nearby after a short time. However, some droplets turn into even smaller particles called aerosol particles. If the contaminated droplets or aerosol particles spread to another person, they are now contaminated and can develop COVID-19 (and start to spread it too). Droplets can remain in the air for 8-14 minutes in a confined space. Aerosol particles can remain in the air for over three hours and in some cases, much longer.

There is a possibility that droplets from infected individuals can contaminate surfaces and objects creating fomites (contaminated surfaces) which can also spread the SARS-CoV-2 virus. While it is possible that a person can come into contact with the virus via a surface that is contaminated and then have it enter their body after touching their own mouth, nose, or eyes, the risk is considered to be low – significantly lower than the risk of infection from droplets and aerosol particles.

Prevention - Vaccinations

Studies show that COVID-19 vaccines are the most effective tool against COVID-19. COVID-19 vaccines are effective in keeping people from getting seriously ill even if a person does get COVID-19. COVID-19 vaccines have undergone the most intensive safety monitoring in U.S. history. This monitoring includes using both established and new safety monitoring systems to make sure that COVID-19 vaccines are safe and effective. COVID-19 vaccination works by teaching a person's

immune system how to recognize and fight the virus that causes COVID-19, and this protects people from getting sick with COVID-19.

We are strongly encouraging each staff member, LITs, and eligible campers to be fully vaccinated prior to arrival. The vast majority of our summer staff and LITs are already fully vaccinated. All volunteers will be required to be fully vaccinated to be on site this summer. We cannot guarantee the vaccination of all staff members at camp. Staff members will be tested for COVID-19 at least weekly with on-site rapid tests.

We know that some campers (ages 12+) will have access to vaccination prior to summer. While we strongly encourage parents to have their eligible children vaccinated, *we do not anticipate that a camper's vaccination status will alter the camp program day*, because we will have a mix of vaccinated and unvaccinated campers. Campers who are fully vaccinated prior to summer will still be required to complete a COVID-19 test upon arrival. Vaccinated campers are unlikely to need to quarantine at camp in the case of an exposure. That means that your vaccinated child would be able to continue with normal activities at camp, even if one of their cabinmates tested positive for COVID-19. If the camper is vaccinated, and experiencing COVID-19 symptoms, their vaccination status would not guarantee their ability to remain at camp. You can schedule a vaccine appointment at <https://www.vaccines.gov/>

Prevention - Masks

Masking is an effective way to decrease the risk of COVID-19. An [effective mask](#) should completely cover your nose and mouth, and fit snugly against the sides of your face without any gaps. The best masks have two or more layers of breathable fabric. Buffs or gaiters are acceptable to be worn as a face mask, as long as the fabric is doubled over.

You can find more information on pages 20 & 21

Prevention - Sanitization

While COVID-19 is very contagious and can be deadly, resulting in tens of millions of positive cases and millions of deaths worldwide, the virus itself is actually a fairly wimpy virus.

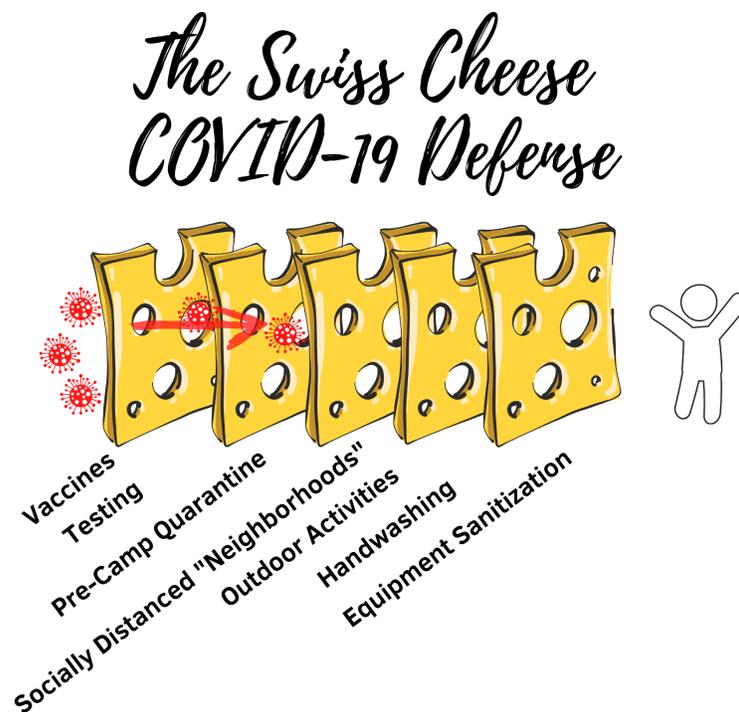
Outside of the human body, the virus is unable to survive for a significant amount of time. Coronaviruses are enveloped viruses with a protective fat layer, but that fat layer is easily broken down when it comes into contact with disinfectants. Therefore, something as simple as washing hands with soap and water for 20 seconds after being in a public place can break down the virus if it is on the hands. Most basic disinfectant cleaners or sprays will kill the virus if it is on a surface.

The most important items to disinfect are high touch surfaces, such as door knobs, toilets, sinks, light switches, touch screens, etc.

We have raised our already thorough sanitation standards to match and exceed recommendations from health care professionals. With a full-time housekeeping director, and trained housekeeping staff, we will ensure program spaces and equipment are sanitized between groups. Cleaning supplies meet hospital-grade level sanitization and CDC guidelines when possible. Camp leadership has prepared daily cleaning protocols, and hour-by-hour schedules for program and housekeeping staff.

The Swiss Cheese Approach

There is no single action that can guarantee that a person will not contract COVID-19. At Camp Newaygo we've embraced the "Swiss Cheese Approach to Prevention." Think about every preventative measure as a slice of Swiss cheese. In every slice of Swiss cheese, there are walls and there are holes. There is no perfect, singular way to stop the spread of COVID-19. By layering multiple prevention measures on top of each other --- hand sanitizing AND limiting time indoors AND vaccinations AND mask wearing AND social distancing AND quarantining before going to camp AND getting tested before going to camp -- creates fewer openings or 'holes' for the virus to travel through. The more precautions and steps taken prior to and during camp to mitigate the potential exposure to COVID-19, the less risk there will be that there will be a major spread of the virus at camp.



Coronavirus Outdoors

A large amount of the summer at camp is spent outdoors, so it is important to understand the risk of Coronavirus outdoors. There is evidence that fresh air disperses, dilutes, and evaporates the droplets and aerosols and the ultraviolet light from the sun should kill the virus out in the open. The virus has

more ability to spread in enclosed spaces, so the great outdoors, with wind and other weather factoring in, means that the virus transmission is quite low. Being outdoors is the best way to limit the potential spread of coronavirus at camp.

COVID-19 Symptoms

Primary symptoms of COVID-19 may include one or more of these symptoms:

- Fever of 100.4 degrees or higher
- Body or muscle aches
- Congestion or runny nose
- Cough
- Diarrhea
- Fatigue
- Severe headache
- Loss of taste or smell
- Nausea or vomiting
- Shortness of breath or difficulty breathing
- Sore throat

Different Ways to Show (or Not Show) Symptoms

Infected individuals experience different symptoms and it can be transferred by people who don't even realize they are sick. Listed below are the different types of symptoms:

Symptomatic

When someone with COVID-19 is symptomatic, they exhibit symptoms of the virus. This can include fevers, body or muscle aches, cough, diarrhea, fatigue, and many more symptoms.

Asymptomatic

Asymptomatic carriers of COVID-19 do not exhibit any signs or symptoms of the virus, but their body is still infected with the virus and is fighting it. Asymptomatic carriers are contagious and can unknowingly spread the virus to others.

Presymptomatic

Presymptomatic carriers may not yet be displaying symptoms of the virus because those can take up to 14 days to show. Presymptomatic people are contagious and can spread COVID-19 to others.

Paucisymptomatic

Paucisymptomatic people have such mild symptoms and are unaware that they may have the Coronavirus. An example could be someone who has a cough or very low fever for a couple of days, passing it off as just a cough or low fever, only to discover later on those symptoms were indicators of a positive COVID-19 virus present in their body. Paucisymptomatic people are contagious.

Higher Risk for Complications

If a camper or staff member is at higher risk for COVID-19 complications, it is highly recommended that they consult their medical provider to assess the risk of attending camp. High-risk conditions include (but are not limited to):

- Asthma
- Chronic kidney disease undergoing dialysis
- Chronic lung disease
- Diabetes
- Liver disease
- Immuno-compromised
- Immuno-compromised as a result of a preexisting condition
- Serious heart conditions
- Severe obesity (body mass index [BMI] of 40 or higher)
- 65 years of age or older

Duration of Symptoms

If a person is showing symptoms or has been exposed to someone with a suspected or confirmed COVID-19 diagnosis, it is imperative that the person is isolated and quarantined immediately. A COVID-19 PCR Test should be administered to determine whether or not the person is indeed infected with the virus.

In general, the incubation period of the virus is between 4-14 days. That means once the virus enters the body, it can sometimes take between 4-14 days for symptoms to appear or for the person to be contagious. It is important to remember though that each person could have different types of symptoms (asymptomatic, symptomatic, etc.). So just because an incubation period has been reached, doesn't mean that the person will definitely exhibit symptoms.

Once in isolation, the infected person should stay isolated so they do not infect other people and further the spread of the virus. A person may be able to rejoin the general camp population and discontinue their isolation after:

- 10-14 days have elapsed since symptoms first appeared **depending on testing**
- 24 hours without a fever (and without using fever-reducing medications)
- Other symptoms improve

It is important to continually monitor the infected patient. If possible, re-testing the patient to confirm they are now testing negative (and thus, not "shedding" and spreading the virus) is the best way to ensure the potential risk of the virus spreading from that specific patient is now neutralized.

Testing Basics

If someone tests "negative", it does not mean that they do not have COVID-19. It means that at that moment in time, their body is not producing enough of the virus to be detected by a test. A person can test negative and have no symptoms (asymptomatic), but still be contagious and pass the virus on to others.

It is important to understand the difference between different types of COVID-19 tests. There are currently three types of tests being administered to determine the presence of COVID-19:

PCR Test

The most accurate test is a PCR test, which detects whether the virus's genetic material is present in the patient. These tests typically take 2-3 days to get results back, depending on the amount of tests being administered by the lab. Due to its high rate of validity, a PCR test is the best test for campers and staff to take **prior to camp** to ensure they are negative (at that moment in time).

Antigen Test

An Antigen test is a type of "rapid" test that detects whether specific proteins from the virus are present in an infected person. These rapid tests typically return results in under an hour. Antigen tests have a higher rate of false positives, or can miss active infections and incorrectly come back as negative. Despite not being as reliable as PCR tests, an antigen test is **important to have at camp** as an extra step to establish safe pods at the start of the camp session.

Antibody Test

An Antibody test detects COVID-19 antibodies in the patient's immune system. An antibody test should **not** be used to diagnose an active infection but can discern whether that person was previously infected.

As an additional precaution, anyone with suspected symptoms who is tested should quarantine until the symptoms disappear and/or the test result comes back.

The Risk of COVID-19 in Children

While fewer children have been sick with COVID-19 compared to adults, children can be infected with the virus that causes COVID-19, can get sick from COVID-19, and can spread the virus that causes COVID-19 to others. Children, like adults, who have COVID-19 but have no symptoms ("asymptomatic") can still spread the virus to others.

Most children with COVID-19 have mild symptoms or have no symptoms at all. However, some children can get severely ill from COVID-19. They might require hospitalization, intensive care, or a ventilator to help them breathe. In rare cases, they might die. (COVID- 19 In Children and Teens, Centers for Disease Control and Prevention, December 18, 2020)

When children get COVID-19, their symptoms are generally mild. Only 0.012% of child COVID-19 cases result in hospitalizations (about 12 in every 100,000 people age 5-17), and 0.02% COVID-19 deaths in the US have been children 5-14 (as of November 2020).

About 1.7% of all COVID-19 hospitalizations and 0.06% of the deaths have been among children. About 1.6% of children with a known case of COVID-19 have been hospitalized and 0.01% have died (Pediatric COVID-19 cases surpass 'tragic' 1 million mark, American Association of Pediatrics AAP News, November 16, 2020)

Each family needs to decide whether or not they are comfortable with the risk of sending their child to Camp Newaygo during this time. The reality is that it is impossible to guarantee that COVID-19 will not come into camp.

Children who have existing comorbidities (one or more additional conditions occurring at the same time) have higher risk of more severe COVID-19 reactions. As mentioned previously, it is imperative that any person who has a higher risk of concern consults his or her medical professional to decide whether attending camp is worth the risk.

Due to their ages, staff members have an increased risk of hospitalization and death from COVID-19, though young staff members in their teens and twenties still have relatively low risks of complications. All staff members should consider their own health prior to deciding whether or not to work at camp. Taking into consideration the low risk of hospitalizations and deaths in children, combined with the health center policies and procedures at camp already in place, we feel confident that if COVID-19 did enter camp in 2021, we would be able to contain an outbreak, as well as provide care for infected campers and staff.

Overnight Camp Specific COVID-19 Policies & Procedures

Before Camp Expectations

In order to mitigate the risk of COVID-19 being brought into camp, all campers and staff are expected to take additional safety measures in the two weeks prior to their arrival. We reserve the right to update these procedures at any time based on the latest data and guidance from public health officials.

Self-Quarantine

All campers and staff must self-quarantine for 14 days prior to the start of their travel to camp. During quarantine, campers and staff should only have close contact with members of their household as much as possible. This does NOT include: going to work/school or essential errands/grocery shopping as long as proper precautions and safety measures are utilized. This 14-day quarantine refers to avoiding events and gatherings such as: graduation parties, family reunions, vacations, dining out, and other gatherings where proper precautions are not being taken and/or where camper families do not know their level of exposure. If it's absolutely necessary for the camper/staff to leave the house or the safe bubble during the 14 days prior to camp, they'll be expected to take proper precautions including: wearing a mask, maintaining social distancing, avoiding touching their faces, and washing their hands thoroughly upon return.

During the two weeks prior to camp, we ask other household members to take appropriate social distancing and preventative measures including but not limited to:

- Wearing a mask
- Staying 6 feet away from other people
- Utilizing curbside store/restaurant services only
- Limiting non-essential travel
- Washing hands with soap and water frequently

Using the [Risk Assessment Chart](#) developed by Hartford HealthCare, we ask overnight camp families to restrict all activities the 14 days prior to camp to Moderate Risk and below.

Okay

14 DAYS BEFORE CAMP

Prohibited

14 DAYS BEFORE CAMP

Low Risk:

- *Getting restaurant takeout
- *Pumping gasoline
- *Playing tennis/golf
- *Going camping

Low-Moderate Risk:

- *Grocery shopping
- *Going for a walk, run, or bike ride with others
- *Staying at a hotel
- *Sitting in a doctor's waiting room
- *Going to a library or museum
- *Eating in a restaurant (outside)
- *Walking in a busy downtown
- *Going to a playground

Moderate Risk:

- *Having dinner at someone else's house
- *Attending a backyard barbecue
- *Going to a beach
- *Shopping at a mall
- *Sending kids to school, camp, or day care
- *Parents working in an office building
- *Swimming in a public pool
- *Visiting an elderly relative/friend in their home

.....

Moderate-High Risk:

- *Going to a hair salon or barbershop
- *Eating in a restaurant (inside)
- *Attending a large gathering (50+ people) without social distancing/mask wearing
- *Playing high contact sports

High Risk:

- *Eating at a buffet
- *Working out at a gym
- *Going to an amusement park
- *Going to a movie theater
- *Attending a large music concert
- *Going to a sports stadium
- *Attending a religious service with 500-plus worshippers

****If your camper has any plans that would prevent a thorough quarantine, please contact us. We want to make sure we are on the same page and have all of the information to keep our camp community safe. If a camper or staff member is fully vaccinated, following [CDC Guidance](#), they no longer need to wear a mask or physically distance in any setting, except where required by federal, state, local, tribal, or territorial laws, rules, and regulations, including local business and workplace guidance***

Temperature and Symptom Monitoring

During the 14 day self-quarantine, all staff & camper parents will be asked to log daily temperatures of their camper. Staff/campers should self-screen for COVID-19 symptoms. There is a [Temperature and Symptom Monitoring Form](#) to submit to camp that will be reviewed by our camp medical professionals to certify compliance with this policy. Campers and staff who do not provide this documentation will not be allowed to enter or remain at camp.

Non-Essential Travel

All campers and staff should avoid any non-essential travel for the 14 days of self-quarantine. If travel outside of the home is absolutely necessary, a face mask should be worn and social distancing should be practiced at all times.

COVID-19 Tests

Overnight campers who are not fully vaccinated will be required to complete two COVID-19 tests - one no sooner than 7 days prior to camp, and one upon arrival at camp. Fully vaccinated campers will complete a test upon arrival.

Within 7 days prior to departing for camp, unvaccinated campers must complete a PCR COVID-19 test, and submit the results to camp through [THIS FORM](#) for each individual camper. Vaccinated campers will complete the form verifying their vaccination status.

If your camper has tested positive for COVID-19 in the three month time frame prior to camp, according to [CDC guidance](#), they do not need to test prior to camp, or upon arrival. You will need to provide a note from a physician verifying the camper's previous COVID-19 diagnosis. We are strongly encouraging families to test your campers if you have any suspicion of a positive case of COVID, or if your camper has been exposed at all. The last thing we want is for a positive test to show up on check-in day, resulting in your camper having to go home, if the positive test happens to be the result of a very old case of COVID-19. Campers in this special circumstance will complete the [Pre-Camp Testing Form/Vaccination Status](#) to provide proof of their previous test result.

Campers can get tested via: a local health department, health care system, or pharmacy like your local [Walgreens](#), [CVS](#), or [Rite Aid](#). Drive through pharmacies are now offering free asymptomatic COVID testing for ages 4+ with an appointment. Most test results are available within 72 hours.

If families are unable to complete the PCR COVID-19 test and receive results within 7 days prior to their arrival at camp, they can choose to reschedule their camp session within the Summer 2021 season, or receive a partial refund, consistent with our [2021 refund policy](#).

Upon arrival at camp we will conduct a rapid antigen test using a nasal swab for all campers. This test will be completed by Camp Newaygo staff, as campers and families wait in their vehicle. The rapid test takes approximately 20 minutes for a negative result. After careful thought and consideration, we have decided NOT to charge families for on-site COVID testing administered at check-in. Campers and staff are tested weekly, and we purchase the tests from Abbott for \$5 per test. If your family would like to make a donation to cover the cost of COVID testing, you can do that [HERE](#). If a camper tests positive, they can choose to leave camp to complete a PCR lab test. If that test is negative, they will be permitted to return to camp within that session, or transfer to another session if space is

available or receive a partial refund, consistent with our [2021 refund policy](#). Campers who test positive upon arrival, who choose not to complete a PCR test off camp, can (once recovered) transfer to another session if space is available or receive a partial refund, consistent with our [2021 refund policy](#). Campers will be tested each session, so campers attending more than one session will be tested weekly.

Camp will be using the [BinaxNOW™ COVID-19 Ag Card](#), a rapid antigen test for on-site testing. This is the same test used by the State of Michigan for the [MI Safer Sports COVID Testing Program](#). This is a non-invasive nasal swab, with results in 15 minutes. The test will be administered by a Camp Newaygo staff member at check in, and these tests may be utilized by our medical staff if there is a suspected case of COVID-19.

Prior to camp, please complete the [Consent and Registration Form for Rapid Covid-19 Antigen Test](#) in your camp account. This will be required for each camper.

Travel to and from Camp

Each family must arrange for and provide transportation to and from Camp. Traveling to and from camp via a personal vehicle is the best mode of transportation. It decreases the amount of potential COVID-19 exposure while outside of the home.

To further reduce the chance for potential exposure to COVID-19 during travel to camp, we ask that participants; 1) pack food and snacks prior to departure as the purchasing of food at public locations enroute to camp should be avoided, 2) only travel with members of the household whom they quarantined with prior to arrival. We ask that only **one adult** arrives with the camper(s), to avoid further exposure from families. Please leave other siblings at home, if possible.

Unaccompanied minors who have traveled by airplane or other mass transit must either have completed a full course of vaccinations and be 14 days from their last shot, or be at least 7 days since they traveled, in combination with a negative test taken at least 5 days after their date of travel. They will also be tested at camp during the check-in process.

In other words, if your camper is flying alone to camp, they would need to fly at least 7 days prior to the camp session, and receive a COVID test no sooner than 5 days after their flight.

Minors traveling with a parent/guardian by airplane or other mass transit must either have completed a full course of vaccinations and be 14 days from their last shot, or be at least 48 hours since they traveled, in combination with a negative test taken after travel, and before their arrival at camp. They will also be tested at camp during the check-in process. The [Grand Rapids Airport](#) offers a Rapid Antigen Test for \$75. The testing site at the Grand Rapids Airport is open, 4am-8pm, 7 days a week, with results in 15-30 minutes. If a camper is fully vaccinated, they will not need to test upon arrival at the GR airport. They will still test upon arrival at camp.

...In other words, if your camper is flying with you to camp, they would need to fly at least 2 days prior to the camp session, receive a COVID test upon landing, and a second test at camp check-in, unless fully vaccinated.

For all travel via public transit to camp this summer:

- Follow CDC recommendations for social distancing during travel
- Wear an N95 mask, or double mask for the duration of your travel experience
- Do not eat or drink in the airport, and if you need to take a sip of water, immediately put back on your face covering

Check-in & Check-out

Check in and check out will follow a staggered arrival pattern, according to your oldest camper's lodging. Camp Newaygo is on Eastern Standard Time.

Check-in Time:

1:00PM: Pioneers (Entering Grade 11, Fall 2021) & Wakonda (Entering Grade 10, Fall 2021)

2:00PM: Tinuwen (Entering Grade 9, Fall 2021) & Rangers (Entering Grade 8, Fall 2021)

3:00PM: Younger Cabin Neighborhood (Entering Grades 1-5, Fall 2021)

4:00PM: Older Cabin Neighborhood (Entering Grades 6-7, Fall 2021)

**Cabins will be emailed with a specific check in time (either 3PM, or 4PM)*

**If you are checking in siblings, please arrive at the check-in time of the youngest camper.*

Check In

- Staff, parents, and campers will all be required to wear masks during the check-in process.
- Parents/guardians will be limited to their vehicle and the parking area during check in.
- Upon arrival at check-in, campers will complete the rapid antigen test using a nasal swab and a head check for lice.
- Parents or guardians will be able to hand off any medications to camp staff. Please have medications labeled clearly with name, prescription, dose amount, and time of delivery (breakfast, lunch, dinner, or evening) and in their original prescription bottles and sealed in a ziplock bag. Medications not in their original prescription bottles will not be accepted.
- After your camper has completed the check-in process, and received a negative COVID-19 test result and passed the head check for lice, a staff member will take your child to their cabin to help them unpack and settle in. Parents will not be able to accompany campers to the cabins/units this year.
- If you need to speak to our camp staff about anything, we will facilitate these conversations. Our goal is to be proactive, and have as many of these conversations as possible before check in, to limit exposure.

We know how much you want to meet your child's counselors and cabinmates, or perhaps just get a camp tour, and we are so sorry that we will not be able to do these things this summer. But rest assured, we will make them feel welcomed and at home; and, you can count on us to give you a call if there are any concerns.

Check Out

Check-Out will follow similar procedures to Check-In, with staggered departure times. Closing ceremonies will be recorded and made available to parents. Please wear a face covering, bring only one adult (no siblings), and be prepared to remain in your car and receive a temperature check.

Check-out Time:

10:00AM: Younger Cabin Neighborhood (Entering Grades 1-5, Fall 2021)

10:30AM: Older Cabin Neighborhood (Entering Grades 5-7, Fall 2021)

11:00AM: Tinuwen (Entering Grade 9, Fall 2021) & Rangers (Entering Grade 8, Fall 2021)

11:30AM: Pioneers (Entering Grade 11, Fall 2021) & Wakonda (Entering Grade 10, Fall 2021)

**Cabins will be emailed with a specific check out time (either 10AM, or 10:30AM)*

**If you are checking in siblings, please arrive at the check-out time of the youngest camper.*

Bathrooms will not be open for parents on Check-In and Check-Out days. Please plan accordingly.

During Camp

Camp leadership has been looking at every component of camp to maintain as much of the Camp Newaygo experience as possible. Overall, campers will experience camp with a small group.

Campers last year said: *"My favorite part was getting close to unit mates because we all took the same classes. I liked doing so many different classes that in a normal year would not be part of the Camp Newaygo experience."* We know campers have been through a stressful time, filled with unanticipated change, high anxiety, and disappointments. Our goal is to make this modified program model feel like camp as much as possible.

Camper Pods

Campers will experience camp within small groups, as part of their cabin/unit, and an expanded "neighborhood". During meal times, shower times and bedtime, campers and staff will interact with their cabin/unit group only. A Neighborhood is a pairing of living spaces, with about sixty people. Neighborhoods will interact with each other throughout the day, attending larger activities together like classes and swim time. There will be relaxed guidelines for social distancing within neighborhoods, and masking will not be required when interacting with other campers/staff within a neighborhood.

Campers will attend activities with their neighborhood. This is distinct from our regular activity schedule. Rather than each camper having a custom schedule, campers will be rotating through a set of activities. There will be chances for campers to choose activity selections within this schedule, and class activities (including crafts) will progress for skill improvement throughout the week.

Campers will not closely interact with campers outside of their neighborhood groups, but all camp activities can still be possible with social distancing and staff support. This includes all camp ceremonies, where cabin/unit groups sit together, socially distanced from other cabin/units.

During weekend holdovers, all campers will complete an additional rapid antigen test to become one neighborhood for the weekend program before joining a new group of weekly campers.

Health Monitoring

We will conduct twice daily health screenings for both campers and staff. These will be similar to those you will conduct at home before campers arrive. This will include temperature checks and questions; completed under the supervision of the Camp Nurse (RN) and Health Officer.

Handwashing

We will have hand sanitizer stations near the entrance of each building and activity area. We will ask campers and staff to use these upon entering and exiting. Campers will wash hands with soap and water under staff guidance before every meal. One counselor per group will carry a backpack at all times that contains hand sanitizer, to be used before and after every camp activity.

There will be designated times for the campers to shower daily. Campers should not share bathroom supplies (towels, soap, toothbrushes, etc.). Campers need to bring their own supplies and a container for toiletries to be stored in for the duration of camp.

Daily Program & Activities

Campers will experience a daily schedule with their neighborhood, rotating through camp activities like: Arts and Crafts, The Waterfront, High Adventure, and Landsports/Performance. Neighborhoods will be separated by program design, space, and staff support. The four class period activity times will shift daily, so that all campers get to experience morning and afternoon waterfront time throughout the week.

In summer 2021 we are excited to add back in camper choice and activity progression to the camper daily schedule. This will allow campers to explore individual passions while adhering to a COVID-careful modified program model. Summer 2021 activities include:

Arts & Crafts: tie dye, watercolor painting, dark room photography, ceramics, pastel drawing, mixed media art, candle making, wood burning, jewelry making, fashion design, citizen camp philanthropy class, etc.

Waterfront: swimming, paddle boarding, windsurfing, sailing, kayaking, canoeing, synchronized swimming, canoeing, speed boat tubing, etc.

High Adventure: low ropes team challenges, high ropes, zipline, archery, outdoor cooking, etc.

Land Sports Bonanza: fencing, team sports, drama, music lessons, wilderness women classes, etc.

Daily Schedule:

7:15am.....Wake up

7:30am.....Scheduled Shower Time

8:30am.....Breakfast followed by Cabin/Unit Capers *and morning health check*

10:00am....First Activity Period - Arts & Crafts

Camper choice: pottery, watercolor painting, citizen camp, or mixed media art

11:15am....Second Activity Period - Landsports Bonanza

Camper choice: fencing, ukulele lessons, gymnastics, wacky sports

12:15pm....Handwashing

12:30pm....Lunch and all camp socially distanced songs on the tennis courts/patio

2:00pm.....RIG TIME - Cabin/Unit Choice

Sign up for: Camp store, camp spaces, special programs, surprise activities

3:00pm.....Third Activity Period - High Adventure

Camper rotation: low ropes, high ropes, outdoor cooking, or zipline

4:10pm.....Forth Activity Period - Waterfront

Camper choice: swimming, sailing, paddleboarding,

5:30pm.....Rest Hour

6:20pm.....Handwashing

6:30pm.....Dinner

7:45pm.....Evening Program

9:00pm.....Friendship Circle, Snacks *and evening health check*

9:45pm.....Evening Thoughts

10:00pm....Lights Out and Taps

Evening programs include campfires, ceremonies, skit nights, sing-on-the-lake, and favorite all camp games like Gold Rush and Capture The Flag. With over a year of creative planning, our program team has found COVID-careful options for evening programs. These programs change daily and are typically new each week.

Meals

Campers will remain in their cabin/unit group for meals. Cabin campers will eat in the main lodge building, across two dining halls, with all windows open, HVAC system on, and sitting socially distanced from other cabin groups. Unit campers will eat outdoors on the Lang Lodge patio, under new event tents. In the event of extreme inclement weather, additional indoor dining spaces will be available for unit campers.

Meals will be served “family style”, with staff only entering the dining hall to retrieve food packaged for their cabin/unit. Dietary restrictions will be provided to the counselor for their cabin/unit. Meal service for lunch and dinner will include salads for each table, juice at breakfast and lunch, and milk at dinner. All campers and staff will bring their own water bottle to all meals. Water bottles will be sanitized through the dish machine regularly.

Campouts & Trips

We are excited to bring back an essential part of our overnight program in 2021 - wilderness trips. Cabin campers (grades 1-7) will spend one night during their camp session on a wilderness camping trip, on Camp Newaygo property. Campers will eat dinner at main camp, and hike or paddle to their on-site destination. Dessert will be cooked over a campfire at their campsite. Campers will spend the night in tents with cabin mates, and return to main camp the next morning for breakfast.

Unit campers (8th grade - 11th grade) will experience a wilderness trip offsite. Camp will carefully select wilderness trip locations with limited public presence and instruct trip participants to avoid any interaction with the public. Trip locations vary by grade level, but will be selected this year to minimize travel distance. Campers traveling off camp for wilderness trips will be required to wear a face covering when inside the vehicle. Staff/volunteer drivers will be required to be fully vaccinated, wear a face covering when inside the vehicle, and adhere to all Camp Newaygo COVID-19 staff & volunteer protocols. Staff will actively monitor camper health on wilderness trips, and will bring a camp emergency cell phone for communication with camp.

Masks at Camp

Because of our program design and structure, overnight campers will not be required to mask at camp, after the check-in process is complete. Campers should bring masks for emergency situations, like if a camper needed to be transported into the local hospital for treatment. We will adhere to all current [MDHHS Epidemic orders](#) on masking, and will make adjustments if requirements change prior to the start of each camp session.

Suspected COVID-19 Case

A camper or staff member identified as having a potential case of COVID-19 will remain in an isolation room as part of Camp's communicable disease plan.

If a camper has primary symptoms of COVID-19:

- ❖ Fever of 100.4 or higher
- ❖ Uncontrolled cough
- ❖ Atypical shortness of breath

or two or more other symptoms when not explained by a known medical or physical condition:

- ❖ Loss of taste or smell
- ❖ Muscle aches
- ❖ Sore throat
- ❖ Severe headache
- ❖ Diarrhea
- ❖ Vomiting
- ❖ Abdominal pain

- We will isolate the camper, and call their parents and ask that they pick them up within 24 hours of contact from camp

- We will then begin evaluating the others in her cabin/unit three times a day and ask our medical staff to recommend when/if it is safe for them to return to their larger Neighborhood.
- We may also choose to 1) test the campers in that cabin, or 2) send those campers home. If a camper leaves due to suspected COVID-19, **no refund** for the missed session program will be provided.
- Each case will be handled individually.
- Vaccinated campers are unlikely to need to quarantine at camp in the case of an exposure. That means that your vaccinated child would be able to continue with normal activities at camp, even if one of their cabinmates tested positive for COVID-19. If the camper is vaccinated, and experiencing COVID-19 symptoms, their vaccination status would not guarantee their ability to remain at camp.

If a staff member has primary symptoms of COVID-19 or two or more other symptoms when not explained by a known medical or physical condition:

- We will have them isolate on property (if fully vaccinated)

They will not be permitted to return to work until:

- He/she receives a negative test
OR
- Ten (10) days after their symptoms first appeared or the date of a positive test whichever is later,
and
- Twenty four (24) hours after the fever has resolved without taking fever-reducing medication,
and
- Principal symptoms have improved.

Camp Newaygo may require an employee with primary symptoms to get tested and to provide a copy of the test result. Camp Newaygo employees fall within the policies of the TrueNorth COVID-19 Preparedness and Response Plan.

Family Camp & Mom & Me Specific COVID-19 Policies & Procedures

Before Camp Expectations

In order to mitigate the risk of COVID-19 being brought into camp, all participants are asked to take additional safety measures in the two weeks prior to their arrival. We reserve the right to update these procedures at any time based on the latest data and guidance from public health officials.

Self-Quarantine

All participants must self-quarantine for 14 days prior to the start of their travel to camp. During quarantine, campers and staff should only have close contact with members of their household as much as possible. This does NOT include: going to work/school or essential errands/grocery shopping as long as proper precautions and safety measures are utilized. This 14-day quarantine refers to avoiding events and gatherings such as: graduation parties, family reunions, vacations, dining out, and other gatherings where proper precautions are not being taken and/or where camper families do not know their level of exposure. If it's absolutely necessary for the participants to leave the house or the safe bubble during the 14 days prior to camp, they'll be expected to take proper precautions including: wearing a mask, maintaining social distancing, avoiding touching their faces, and washing their hands thoroughly upon return. If a camper or staff member is fully vaccinated, following CDC Guidance, they no longer need to wear a mask or physically distance in any setting, including during this quarantine period.

During the two weeks prior to camp, we ask other household members to take appropriate social distancing and preventative measures including but not limited to:

- Wearing a mask
- Staying 6 feet away from other people
- Utilizing curbside store/restaurant services only
- Limiting non-essential travel
- Washing hands with soap and water frequently

Using the [Risk Assessment Chart](#) developed by Hartford HealthCare, we ask overnight camp families to restrict all activities the 14 days prior to camp to Moderate Risk and below.

Okay

**14 DAYS
BEFORE CAMP**

Prohibited

**14 DAYS
BEFORE CAMP**

Low Risk:

- *Getting restaurant takeout
- *Pumping gasoline
- *Playing tennis/golf
- *Going camping

Low-Moderate Risk:

- *Grocery shopping
- *Going for a walk, run, or bike ride with others
- *Staying at a hotel
- *Sitting in a doctor's waiting room
- *Going to a library or museum
- *Eating in a restaurant (outside)
- *Walking in a busy downtown
- *Going to a playground

Moderate Risk:

- *Having dinner at someone else's house
- *Attending a backyard barbecue
- *Going to a beach
- *Shopping at a mall
- *Sending kids to school, camp, or day care
- *Parents working in an office building
- *Swimming in a public pool
- *Visiting an elderly relative/friend in their home

Moderate-High Risk:

- *Going to a hair salon or barbershop
- *Eating in a restaurant (inside)
- *Attending a large gathering (50+ people) without social distancing/mask wearing
- *Playing high contact sports

High Risk:

- *Eating at a buffet
- *Working out at a gym
- *Going to an amusement park
- *Going to a movie theater
- *Attending a large music concert
- *Going to a sports stadium
- *Attending a religious service with 500-plus worshipers

If your family has any plans that would prevent a thorough quarantine, please contact us. We want to make sure we are on the same page and have all of the information to keep our camp community safe. If a camper or staff member is fully vaccinated, following [CDC Guidance](#), they no longer need to wear a mask or physically distance in any setting, except where required by federal, state, local, tribal, or territorial laws, rules, and regulations, including local business and workplace guidance

Temperature and Symptom Monitoring

During the 14 day self-quarantine, all participants will be asked to log daily temperatures and self-screen for COVID-19 symptoms. There is a [Temperature and Symptom Monitoring Form](#) to

submit to camp that will be reviewed by our camp medical professionals to certify compliance with this policy. Participants who do not provide this documentation will not be allowed to enter or remain at camp.

Non-Essential Travel

All participants should avoid any non-essential travel for the 14 days of self-quarantine. If travel outside of the home is absolutely necessary, a face mask should be worn and social distancing should be practiced at all times.

COVID-19 Tests

Family Camp and Mom and Me participants will not be required to test prior to, or upon arrival at camp. Participants will complete a health screening upon arrival, including temperature checks.

Vaccination

We are strongly encouraging all eligible participants to be fully vaccinated prior to arrival at camp. While we strongly encourage vaccination, *we do not anticipate that vaccination status will alter the camp program*, because we will have a mix of vaccinated and unvaccinated participants (Family Camp is open to all ages, and Mom and Me starts at age 3). Participants are welcome to provide proof of vaccination status upon arrival, to be exempt from the indoor mask requirement. As part of the program design, participants are only indoors if using the bathrooms/showers in Lang Lodge.

Travel to and from Camp

Each family must arrange for and provide transportation to and from Camp. Traveling to and from camp via a personal vehicle is the best mode of transportation. It decreases the amount of potential COVID-19 exposure while outside of the home.

Check-in & Check-out

Mom & Me 1 : June 5-6

Mom & Me 2 : June 12-13

Mom & Me 3: June 19-20

Family Camp: August 14th-15th

Check in at 11AM - 12PM EST on Saturday

Check out by 3PM EST on Sunday

- Upon arrival at check-in, participants will complete a health check in their vehicle
- If a participant has symptoms of COVID-19 upon arrival, or a temperature of 100.4 or higher, they will not be permitted to remain at camp. They have the option to transfer to another session if space is available or receive a partial refund, consistent with our [2021 refund policy](#).

During Camp

Camp leadership has been looking at every component of camp to maintain as much of the Camp Newaygo experience as possible. Overall, participants will experience camp with a small group, in similar ages to your child(ren).

Daily Program & Activities

Families will experience the program schedule with their small group, rotating through camp activities like: Arts and Crafts, The Waterfront, High Adventure, and Wilderness Adventure.

Sample Program Schedule:

Saturday

Time.....Activity

11:00AM.....Check in, Tours, Welcome Games & Activities

12:00PM.....Lunch and Camp Store

1:30-4:45PM....Rotation Family Fun: Swimming, Kayaking/Canoeing, Tie Dye, Archery,
Rockwall/Giant's Ladder, Hide & Seek Wetland Hike

4:45PM.....Music and Dance Party

5:00-6:00PM....Dinner

6:00-6:30PM....Pontoon boat rides to Campfire

9:30PM.....Optional Night Hike

Story Book Reading at your lodging unit

Goodnight!

Sunday

Time.....Activity

7:30AM.....Optional Early Morning Hikes

Optional Mom & Me Yoga

8:30AM.....Breakfast & camp store

9:30-12:00PM..Rotation Family Fun: Trolley Rides, High Ropes, Outdoor Cooking,
Shelter Building, Crafts

12-12:45PM....Picnic Lunch

1:30-3:00PM...Waterfront Fun at Main Camp & Cassidy Point

3:00PM.....Departure – See you next year!

Handwashing

We will have hand sanitizer stations near the entrance of each building and activity area. We will ask participants to use these upon entering and exiting.

Lodging

All families will be lodged in separate spaces, so that your cabin/dorm/unit space is private, just within your family group. Participants select lodging choices upon registration. Verify or change your selection by logging into your camp account [HERE](#)

Click on the reservation under your account, and click “edit” under options.

Please email campbiz@campnewaygo.org to let us know who you would like to be lodged with (if there is an additional family you are coming with). Please be understanding that we will do our best to provide families their first lodging choice, but that may not be possible to ensure safe social distancing.

Meals

Families will remain in their small group for meals. Families will eat outdoors on the Lang Lodge patio, under new event tents. In the event of extreme inclement weather, additional indoor dining spaces will be available for all participants. Meals will be served “cafeteria style” by our kitchen staff.

Masks at Camp

There will be times when participants will be required to wear masks, following all current [MDHHS Epidemic orders](#) . We anticipate doing so in the following situations:

- When indoors in Lang lodge, as campers travel to the bathrooms and showers

Additionally, unvaccinated staff will wear face coverings when interacting with participants without social distancing (6 feet or more).

Masks will NOT be required when:

- Families are within their own group
- Participants are outdoors and more than 6 feet apart from other families
- Participants are seated at their table and eating.
- Participants are taking showers.
- Participants are taking part in waterfront activities (swimming, canoeing, etc.)
- Participants and Staff are fully vaccinated, with a vaccination record on file with Camp Newaygo

Because of our program design and structure, we anticipate that families will not be required to wear a mask during a vast majority of their program. If participants or staff feel more comfortable wearing masks when not required, they are welcome to make that choice.

Suspected COVID-19 Case

If a participant is identified as having a potential case of COVID-19, they will be asked to leave the program, and seek medical attention off of camp.

Day Camp Specific COVID-19 Policies & Procedures

Before Camp Expectations

In order to mitigate the risk of COVID-19 being brought into camp, all participants are asked to take additional safety measures in the two weeks prior to their arrival. We reserve the right to update these procedures at any time based on the latest data and guidance from public health officials.

Self-Quarantine

All campers and staff must self-quarantine for 14 days prior to the start of their travel to camp. During quarantine, campers and staff should only have close contact with members of their household as much as possible. This does NOT include: going to work/school or essential errands/grocery shopping as long as proper precautions and safety measures are utilized. This 14-day quarantine refers to avoiding events and gatherings such as: graduation parties, family reunions, vacations, dining out, and other gatherings where proper precautions are not being taken and/or where camper families do not know their level of exposure. If it's absolutely necessary for the camper/staff to leave the house or the safe bubble during the 14 days prior to camp, they'll be expected to take proper precautions including: wearing a mask, maintaining social distancing, avoiding touching their faces, and washing their hands thoroughly upon return.

During the two weeks prior to camp, we ask other household members to take appropriate social distancing and preventative measures including but not limited to:

- Wearing a mask
- Staying 6 feet away from other people
- Utilizing curbside store/restaurant services only
- Limiting non-essential travel
- Washing hands with soap and water frequently

Using the [Risk Assessment Chart](#) developed by Hartford HealthCare, we ask overnight camp families to restrict all activities the 14 days prior to camp to Moderate Risk and below.

Okay

**14 DAYS
BEFORE CAMP**

Prohibited

**14 DAYS
BEFORE CAMP**

Low Risk:

- *Getting restaurant takeout
- *Pumping gasoline
- *Playing tennis/golf
- *Going camping

Low-Moderate Risk:

- *Grocery shopping
- *Going for a walk, run, or bike ride with others
- *Staying at a hotel
- *Sitting in a doctor's waiting room
- *Going to a library or museum
- *Eating in a restaurant (outside)
- *Walking in a busy downtown
- *Going to a playground

Moderate Risk:

- *Having dinner at someone else's house
- *Attending a backyard barbecue
- *Going to a beach
- *Shopping at a mall
- *Sending kids to school, camp, or day care
- *Parents working in an office building
- *Swimming in a public pool
- *Visiting an elderly relative/friend in their home

Moderate-High Risk:

- *Going to a hair salon or barbershop
- *Eating in a restaurant (inside)
- *Attending a large gathering (50+ people) without social distancing/mask wearing
- *Playing high contact sports

High Risk:

- *Eating at a buffet
- *Working out at a gym
- *Going to an amusement park
- *Going to a movie theater
- *Attending a large music concert
- *Going to a sports stadium
- *Attending a religious service with 500-plus worshippers

If your family has any plans that would prevent a thorough quarantine, please contact us. We want to make sure we are on the same page and have all of the information to keep our camp community safe. If a camper or staff member is fully vaccinated, following [CDC Guidance](#), they no longer need to wear a mask or physically distance in any setting, except where required by federal, state, local, tribal, or territorial laws, rules, and regulations, including local business and workplace guidance

Temperature and Symptom Monitoring

During the 14 day self-quarantine, all staff & camper parents will be asked to log daily temperatures of their camper. Staff/campers should self-screen for COVID-19 symptoms. There is a [Day Camp Temperature and Symptom Monitoring Form](#) to submit to camp that will be reviewed by our camp medical professionals to certify compliance with this policy. Campers and staff who do not provide this documentation will not be allowed to enter or remain at camp.

Non-Essential Travel

All participants should avoid any non-essential travel for the 14 days of self-quarantine. If travel outside of the home is absolutely necessary, a face mask should be worn and social distancing should be practiced at all times.

COVID-19 Tests

Day Camp participants will not be required to test prior to, or upon arrival at camp. Participants will complete a health screening upon arrival, including temperature checks.

Vaccination

We are strongly encouraging all eligible participants to be fully vaccinated prior to arrival at camp. While we strongly encourage vaccination, *we do not anticipate that vaccination status will alter the camp program*, because we will have a mix of vaccinated and unvaccinated campers.

Check-in & Check-out

- Please plan to arrive everyday at camp between 7:45AM - 8:15AM. Monday Check-in will be at the top of the camp hill. Camp staff will direct you where to park.
- Pick up is between 4:45PM - 5:15PM at the bottom of the camp hill. Look for Day Camp signs.
- Upon arrival at check-in, participants will complete a health check in their vehicle
- If a participant has symptoms of COVID-19 upon arrival, or a temperature of 100.4 or higher, they will not be permitted to remain at camp. They have the option to transfer to another session if space is available or receive a partial refund, consistent with our [2021 refund policy](#).

During Camp

Camp leadership has been looking at every component of camp to maintain as much of the Camp Newaygo experience as possible. Overall, participants will experience camp with a small group.

Daily Program & Activities

Campers will experience a daily schedule with their small group, rotating through camp activities like: Arts and Crafts, The Waterfront, High Adventure, and Landsports/Performance.

Daily Schedule:

7:30am	Day Camp Staff Arrival
7:45am	Morning Drop-off
8:30am	Zero Hour @ Main Camp
9:30am	Travel to Cassidy Pointe
10am	1st Hour Activity Period
11:15am	Day Camp Lunch
12:00pm	2nd Hour Activity Period
1:15pm	Changing Time
1:30pm	Swim Time
2:30pm	Changing/Camp Store
3:00pm	All Camp Game
4:00pm	Travel back to the Pavillion
4:30pm	Pavillion Party
4:45pm	Pick Up Starts

Handwashing

We will have hand sanitizer stations near the entrance of each building and activity area. We will ask participants to use these upon entering and exiting.

Masks at Camp

Because of our program design and structure, day campers will not be required to mask at camp, after the morning check-in process is complete. Campers should bring masks for emergency situations, like if a camper needed to be transported into the local hospital for treatment. We will adhere to all current [MDHHS Epidemic orders](#) on masking, and will make adjustments if requirements change prior to the start of each camp session.

Suspected COVID-19 Case

If a participant is identified as having a potential case of COVID-19, they will be asked to leave the program, and seek medical attention off of camp.

Girlfriends Get-a-way

Specific COVID-19 Policies & Procedures

Before Camp Expectations

In order to mitigate the risk of COVID-19 being brought into camp, all participants are asked to take additional safety measures prior to their arrival. We reserve the right to update these procedures at any time based on the latest data and guidance from public health officials.

Self-Quarantine

All participants are asked to be mindful of large group contacts for 7 days prior to the start of their travel to camp. This does NOT include: going to work/school or essential errands/grocery shopping as long as proper precautions and safety measures are utilized. This 7-day quarantine refers to avoiding events and gatherings such as: graduation parties, family reunions, vacations, dining out, and other gatherings where proper precautions are not being taken and/or where participants do not know their level of exposure. If it's absolutely necessary for the participants to leave the house or the safe bubble during the 7 days prior to camp, they'll be expected to take proper precautions including: wearing a mask, maintaining social distancing, avoiding touching their faces, and washing their hands thoroughly upon return. If a participant is fully vaccinated, following CDC Guidance as of July 27th, it is recommended that participants wear a mask in public indoor settings in areas of substantial or high transmission.

During the week prior to camp, we ask that program participants take appropriate social distancing and preventative measures including but not limited to:

- Wearing a mask
- Staying 6 feet away from other people

- Utilizing curbside store/restaurant services only
- Limiting non-essential travel
- Washing hands with soap and water frequently

Using the [Risk Assessment Chart](#) developed by Hartford HealthCare, we ask participants to restrict all activities the 7 days prior to camp to Moderate Risk and below.

Okay 7 DAYS BEFORE CAMP

Low Risk:

- *Getting restaurant takeout
- *Pumping gasoline
- *Playing tennis/golf
- *Going camping

Low-Moderate Risk:

- *Grocery shopping
- *Going for a walk, run, or bike ride with others
- *Staying at a hotel
- *Sitting in a doctor's waiting room
- *Going to a library or museum
- *Eating in a restaurant (outside)
- *Walking in a busy downtown
- *Going to a playground

Moderate Risk:

- *Having dinner at someone else's house
- *Attending a backyard barbecue
- *Going to a beach
- *Shopping at a mall
- *Sending kids to school, camp, or day care
- *Parents working in an office building
- *Swimming in a public pool
- *Visiting an elderly relative/friend in their home

Avoid 7 DAYS BEFORE CAMP

Moderate-High Risk:

- *Going to a hair salon or barbershop
- *Eating in a restaurant (inside)
- *Attending a large gathering (50+ people) without social distancing/mask wearing
- *Playing high contact sports (wrestling)

High Risk:

- *Eating at a buffet
- *Working out at a gym
- *Going to an amusement park
- *Going to a movie theater
- *Attending a large music concert
- *Going to a sports stadium
- *Attending a religious service with 500-plus worshippers

If your family has any plans that would prevent a thorough quarantine, please contact us. We want to make sure we are on the same page and have all of the information to keep our camp community safe. If a camper or staff member is fully vaccinated, following [CDC Guidance](#), it is recommended that participants wear a mask in public indoor settings in areas of substantial or high transmission.

Temperature and Symptom Monitoring

During the 7 day self-quarantine, all participants will be asked to log daily temperatures and self-screen for COVID-19 symptoms. There is a [Temperature and Symptom Monitoring Form](#) to submit to camp that will be reviewed by our camp medical professionals to certify compliance with this policy. Participants who do not provide this documentation will not be allowed to enter or remain at camp. Copies will be provided at check-in for participants unable to print this form.

Non-Essential Travel

All participants should avoid any non-essential travel for the 7 days of self-quarantine. If travel outside of the home is necessary, a face mask should be worn and social distancing should be practiced at all times. Participants may take public transportation to Girlfriends Get-a-Way, (planes, trains) as long as proper risk mitigation measures are taken (mask wearing, social distancing, frequent hand washing).

COVID-19 Tests

Upon arrival at camp we will conduct a rapid antigen test using a non-invasive nasal swab for all participants. The test will be completed by Camp Newaygo staff, as participants wait in their vehicles. The cost of the test (\$5 per person) will be added to your camp store account. If this charge is a hardship for you, please let us know. Participants will also complete a health screening upon arrival, including temperature checks. If a participant has symptoms of COVID-19 upon arrival, had a positive COVID-19 test result, or a temperature of 100.4 or higher, they will not be permitted to remain at camp. They have the option to transfer to Fall 2022 or receive a partial refund, consistent with our [2021 refund policy](#).

By testing participants, there will be NO MASK REQUIREMENTS and NO SOCIAL DISTANCING REQUIREMENTS during the program.

Vaccination

We are strongly encouraging all eligible participants to be fully vaccinated prior to arrival at camp. While we strongly encourage vaccination, *vaccination status will not alter the camp program*, because we will have a mix of vaccinated and unvaccinated participants.

Travel to and from Camp

Each participant must arrange for and provide transportation to and from Camp. Traveling to and from camp via a personal vehicle is the best mode of transportation. It decreases the amount of potential COVID-19 exposure while outside of the home. Participants may take public transportation to Girlfriends Get-a-Way, (planes, trains) as long as proper risk mitigation measures are taken (mask wearing, social distancing, frequent hand washing).

During Camp

Camp leadership has been looking at every component of camp to maintain as much of the Camp Newaygo experience as possible. Overall, we will continue to offer as many outdoor activities as possible, and increase sanitization procedures.

Handwashing

We will have hand sanitizer stations near the entrance of each building and activity area. We will ask participants to use these upon entering and exiting.

Lodging

Because we are testing upon arrival, participants can be lodged in communal dorms and cabins, with participants you do not yet know. If your group is uncomfortable with this structure, please contact us, so that your cabin/dorm/unit space is private, just within your group. Participants select lodging choices upon registration. If you selected a Health & Leadership Lodge room for an additional fee, your lodging is private, and not shared with another group. Verify or change your selection by logging into your camp account [HERE](#)

Click on the reservation under your account, and click “edit” under options.

Please email campbiz@campnewaygo.org to let us know who you would like to be lodged with if your group is requesting a private space). Please be understanding that we will do our best to provide participants their first lodging choice, but that may not be possible.

Meals

Meals will be served “buffet style” by our kitchen staff, with no shared serving utensils.

Masks at Camp

Because we are testing participants upon arrival, there will be NO MASK REQUIREMENTS and NO SOCIAL DISTANCING REQUIREMENTS during the program. If participants or staff feel more comfortable wearing masks when not required, they are welcome to make that choice.

Suspected COVID-19 Case

If a participant is identified as having a potential case of COVID-19, they will be asked to leave the program, and seek medical attention off of camp

THANK YOU!

Thank you for taking the threat of COVID-19 seriously.

Thank you for sharing the new policies and procedures with your campers and making sure they understand them.

And thank you for supporting the Camp Newaygo community.

